

Questions for Reflection

January 24 Lesson

**Questions for Chapter 3:
You Must Eat More!**

1. How do we teach and preach that the bread of life that sustains all of us is free, no strings attached?
2. If the bread of life is for all, what does that mean for The United Methodist Church in our struggle to determine who is truly welcome in the church?
3. How can the church offer physical as well as spiritual bread to a hurting world, which includes both the very rich and the very poor?
4. On the Manaslu Circuit, we could not effectively complete our daily treks without food because we expended an enormous amount of energy every day. In the same way, effective clergy and lay leaders in our churches must offer spiritual food to our congregations that will sustain their spirits and empower them to reach out to our world in witness, grace, and love. How will you fortify yourself for the journey, and how will you model Christ's love to those who hunger and thirst for meaning and hope?
5. If the World Cup can bring people together from across the globe, how is God calling us as people of faith to be catalysts for unity and creating a world where all people have a roof over their heads and food on the table?